

Agency/Program	Counseling offered	Support Groups offered
Anne Arundel Medical Center	None	TREM Trauma Support and Recovery Group for 18+, 1.5 hours and open enrollment
APP (Abused Persons Program, Montgomery County MD)	18 month max; CBT; victim empowerment based; psychiatric through HHS for medication	10-week group model from U of Michigan for child witnesses to DV
Calvert County Health Department (CIC)	6-8 weeks psycho-education about DV, crisis counseling; Long-term up to two years SA or AMAC; children and adults; multiple different trauma models	DV Support group open and continuous; planning a SA group and AMAC; looking into SA for men; no groups for youth
CASA Citizens Assisting and Sheltering the Abused, Inc.	Unknown	Unknown
Cecil County DSS Department of Social Services	Children's individual counseling	TREM, Seeking Safety, kids in schools, kids support group
CAP Center for Abused Persons	Unknown	Unknown

CHANA	Short term therapy and longer-term therapy; average length of therapy is 1 year; children's counseling; CBT model, psychosocial educational; crisis counseling; EMDR and EFT/Tapping	Women-only support groups ages 19+; Healing Arts Café - art, music, drama, movement once a month teen art therapy; DV 12 step group for DV/SA and incest= drop-in and open; other DV groups are preregistered/screened, 8 weeks long, usually around 4-6 going at once
Dove Center (Domestic Violence Sexual Assault Resource Center)	Unknown	Unknown
Family & Children's Services of Central MD - Balt	ST for free and LT counseling for a fee - children and adults; trauma-informed modalities including TFCBT, EMDR, progressive counting w/motivational interviewing and CBT	ongoing support group for adults - open and continuous;
Family & Children's Services of Central MD - Carroll	LT 6months+ for adults, avg 1 year; Children about 1.5 years; Supportive counseling and Cognitive Behavioral; Children = play therapy	DV support/education groups for adults DV; can offer a basic trauma support group for youth
FCC - Family Crisis Center of Baltimore County	Unknown	Unknown
FCC - Family Crisis Center, Inc. of Prince George's County	12 weeks for adults only	Adult survivor's support group is 12 weeks

FCRC - Family Crisis Resource Center, Inc.	Adults = CBT, Solution-Focused and Person-Center; Children = Play therapy model, art therapy, journal therapy, sand tray, CBT	adult support group - open and continuous; LGBTQ support group; can offer a children's group need arises
GBMC- Greater Baltimore Medical Center	Unknown	Unknown
Heartly House, Inc.	Adults and children: Stages of change, CBT, psychoeducation, safety and stabilization interventions	DV Support group for adults only, TREM for high danger, SFCR
HopeWorks, Inc	Unknown	Unknown
HRM - House of Ruth Maryland, Inc.	80% caseload is <8 weeks, 20% >8 weeks and shelter clients during stay and a bit after; 9 clinicians - some EDMR, Attachment and Behavioral Catch-Up therapy, Parent-Child Interaction Therapy, T-FCBT, etc.	<p>open enrollment for most; ADULTS = Community Support Group (Baltimore Community - English&amp; Spanish, Baltimore - Shelter based, Prince George's County)</p> <ul style="list-style-type: none"> <li>- Meditation group (Spanish)</li> <li>- Pyscho-educational groups focused on health &amp; wellness (shelter based and community), - one community based 15 week closed group model and one shelter-based 10-week open group model</li> </ul> <p>CHILDREN= - Teen Support Group (Prince George's County)</p> <ul style="list-style-type: none"> <li>- Children's Support Group (Baltimore - shelter-based, Prince George's County)</li> </ul> <p>FAMILY = Strengthening Families Coping Resources</p>

JCADA	Varying lengths; recently begun seeing teens for counseling and the duration is usually shorter; CBT, empowerment, ACT, mindfulness, and psycho-dynamic approaches for both teens and adults; art therapist on staff	Therapeutic support groups, art-based groups, yoga, and workshop/series (acupuncture, self-care, financial, etc.)
LCC - Life Crisis Center, Inc.	Adult and abused children	Adult support groups
MedStar St. Mary's Hospital		
Mercy Medical Center	Unknown	Unknown
MSCFV - Mid-Shore Council on Family Violence	Unknown	Unknown

Northwest Hospital Center	PT Social Worker only; refer out for kids to private practice therapist or TurnAround; average is 7 sessions (range is 1 to 16)	Every other week, 2 hour session with dinner; topic or activity is presented
SARC - Sexual Assault/Spouse Abuse Resource Center, Inc.	Trauma-Focused CBT; Psychodynamic, EFT, Mindfulness, art therapy; play/art therapy with kids	Adult victims of DV; Parenting group; rotating out the DV group to provide an AMAC group after the new year. Have not had a children's group in a while, but the curriculum is available.
Prince George's Hospital Center	Long-term counseling available for sexual trauma; Stalking and DV counseling - generally refer out - can offer 6 months for adults and kids. Cognitive behavioral techniques; child-centered play therapy	Randomly offer therapy groups in the fall/spring that are usually 10 weeks long; have done: art therapy, creative writing, child/parent groups, childhood sexual abuse, and multiple trauma survivors of DV and sexual assault.
Sinai Hospital of Baltimore, Inc.	Adults only. Have had: EDMR, Trauma-Informed Care, CBT - depends on therapist	Women's Relationship Support Group on Friday for 1.5 hours in morning, open enrollment
TurnAround, Inc. (Baltimore County)	Unknown	Unknown

Walden Sierra, Inc.	Adults and children: up to 6 sessions, refer out for long-term counseling, motivational interviewing and brief therapy interventions, agency provides regular training on evidence-based practices	"The Beautiful Women Group" weekly support group is on-going and open
YWCA of Annapolis and Anne Arundel County	Adult and children DV psychoeducational counseling available for a fee	Adult groups







