

PRESENTED BY



In Recognition of
National Crime
Victims' Rights
Week

BENEFITTING



**Maryland Network
Against Domestic Violence**

To make a donation
directly to MNADV, go to
www.mnadv.org



7K Run to Remember

Saturday
April 23, 2016

Rain or Shine

7K Run or 1 Mile Walk

Race starts at 8:30 am
Prizes and refreshments
will be provided. Check out
our Virtual 7k option and
pledge to run the distance!

Centennial Lake
Pavillions E, F, and G
(by the boat dock)
10000 Rt. 108
Ellicott City, MD 21043

REGISTER | \$35
register.chronotrack.com/r/18931

CONTACT | 410-218-0323
Kim Oldham | koldham@howardcountymd.gov

PACKET PICK-UP



April 22, 2016
4:00-8:00 pm

Road Runner Sports
6630-c Marie Curie Drive
Elkridge, MD

Take advantage of special discounts at
the store that evening!

April 23, 2016
7:30 am
Packet pick-up and late
registration at the race.

